

MAJOR WOUNDS

IDENTIFY TROUBLE & PREVENT COMPLICATIONS



PREVENT COMPLICATIONS

IF NEAR A TRAIL HEAD:

- **GET TO A HOSPITAL**

IN THE WILDERNESS

- **JUDGE THE WOUNDS SEVERITY**
- **CLEAN**
- **WATCH FOR INFECTION**
- **EVACUATE**

THE FOUR STEPS TO REMEMBER

- **1. DIAGNOSE: EVALUATE THE WOUND**
- **2. TREAT: CLEAN, SCRUB & IRRIGATE THE WOUND**
- **3. MONITOR: DETECT AND SLOW INFECTION**
- **4. EVACUATE: DETERMINE YOUR METHOD**

DIAGNOSE

- 1. IS THERE BONE, TENDONS OR LIGAMENTS SHOWING?**
- 2. ANYTHING IMBEDDED IN FLESH AND CAN'T BE REMOVED?**
- 3. WOULD A SCAR BE A CONCERN (FACE)?**
- 4. VICTIM OR WOUNDS SHOWS INFECTION OR WORSENING?**



TREAT

- **RUB ABRASIONS WITH GAUZE & WATER**
- **FLUSH DEEP CUTS WITH WATER**
- **EXPECT PAIN, BLEEDING AND OOZING**
- **USE SOAP**
- **CLOSE THE SKIN**
- **COVER IT**



MONITOR

- **DETECT & SLOW INFECTION**
- **NOTE CHANGES - PAIN, REDNESS, SWELLING**
- **MANAGE IT:**
 - **RECLEAN THE WOUND**
 - **REPLACE BANDAGES**
 - **SOAK THE CUT IF YOU CAN**



EVACUATE

DETERMINE YOUR METHOD

- **WALK OUT IF VICTIM IS CAPABLE**
- **ASK FOR RESCUE**
- **NO CELL OR BEACON**
 - **ONE PERSON STAYS WITH VICTIM**
 - **TWO PEOPLE HIKE OUT**



THE END - QUESTIONS?

